



Child Safe Standards

CHILD SAFETY & WELLBEING POLICY – SHORT FORM TEMPLATE

Date created:	1 st March 2023				
Audience:	Janelle Calisthenics College				
Version:	2023 V1				
Purpose of Document:	This policy has been written to provide protection and safety of children in our care at Janelle Calisthenics College and prevent abuse from occurring and in the event that allegations are raised in relation to child abuse to ensure that the allegations are properly addressed				
Actions:	<ul style="list-style-type: none"> • Ensure all coaches, club secretary, group reps and all volunteers read and understand the policy • Parents acknowledge they have read, understand and agree to this policy 				
Review:	January 2024				
Contact:	Liz Miller				
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Other relevant resources (Refer website)	<ul style="list-style-type: none"> • Child Safe Code of Conduct for dealing with Children & Young People • E-safety Guide • Guide for Parents and Guardians • Guide for Teens • Image Use • Guidelines for Physical Contact • Guidelines for Communication with Children • Guidelines for Responding and Reporting 				



CHILD SAFETY & WELLBEING POLICY

1. INTRODUCTION

- 1.1. Janelle Calisthenics is committed to ensuring that children and young people who participate in its activities have a safe and happy experience. Janelle Calisthenics supports and respects children, young people, staff, volunteers and participants.
- 1.2. The aim of Janelle Calisthenics Child Safety & Wellbeing Policy (the Policy) is to protect the safety of children in our care and prevent abuse from occurring, and in the event that allegations are raised in relation to child abuse, to ensure that the allegations are properly addressed. All complaints will be treated seriously and fully investigated and handled with maximum confidentiality and discretion.
- 1.3. Should a person wish to make any enquiries in relation to this Policy, please contact Jan Nolan, Principal Coach, Janelle Calisthenics College at janellecalisthenics1970@gmail.com

2. POLICY STATEMENT

- 2.1. Janelle Calisthenics is committed to providing the highest level of safety for all involved with Calisthenics. This includes protecting members' privacy, promoting positive behaviours and attitudes, protecting the health safety and wellbeing of members, particularly children and delivering Janelle Calisthenics activities while acting in the best interests of children in the sport.
- 2.2. Specifically, Janelle Calisthenics considers that the health, safety and well-being of children take priority over all other competing considerations. Janelle Calisthenics considers that this is necessary to ensure the health, safety and welfare of all members and protect the image and reputation of the sport, Janelle Calisthenics and its members.
- 2.3. Janelle Calisthenics has a zero-tolerance approach to child abuse and is committed to promoting and protecting children from abuse and neglect to the greatest extent possible. All children have equal rights to protection from child abuse, regardless of their gender, religion, disability, sexual orientation or sex characteristics etc.
- 2.4. Child protection is a shared responsibility between Janelle Calisthenics, its employees, workers, contractors, associates, parents/guardians, coaches, spectators, volunteers and members of the Janelle Calisthenics community. Everyone that participates in Janelle Calisthenics activities is responsible for the care and protection of children, and reporting information about child abuse.
- 2.5. Janelle Calisthenics supports the active participation of all children. It listens to their views, respects their views and involves them when making decisions, where appropriate, especially about matters that will directly affect them (including their safety).
- 2.6. Janelle Calisthenics is also committed to the cultural safety of Aboriginal children, and those from culturally and/or linguistically diverse backgrounds, and to providing a safe environment for children living with a disability.
- 2.7. Janelle Calisthenics promotes fairness and consideration for all coaches, volunteers and participants. For further details please refer to the Janelle Calisthenics Member Protection Policy.



3. SCOPE

- 3.1. This Policy applies to everyone involved in or connected to Calisthenics, including (but not limited to) participants, parents, spectators, contractors, officials, volunteers, coaches, judges and staff throughout all Janelle Calisthenics events and activities.
- 3.2. This Policy will continue to apply retrospectively to a person or Member following the cessation of their association or employment with Janelle Calisthenics.

4. RELATED DOCUMENTS & LEGISLATIVE REQUIREMENTS

4.1. This Policy must be read in conjunction with:

4.1.1. the laws of the Commonwealth and Victoria (as amended from time to time) including but not limited to:

- 4.1.1.1. Children, Youth and Families Act 2005 (Vic)
- 4.1.1.2. Child Wellbeing and Safety Amendment (Child Safe Standards) Act 2015 (Vic)
- 4.1.1.3. Crimes Act 1958 (Vic); and
- 4.1.1.4. Working with Children Act 2005 (Vic)

4.1.2. Janelle Calisthenics policies and procedures, including but not limited to:

- 4.1.2.1. Privacy Policy;
- 4.1.2.2. Janelle Calisthenics Terms & Conditions
- 4.1.2.3. Codes of behaviour;
- 4.1.2.4. Code of Conduct
- 4.1.2.5. ACF Member Protection Policy;
- 4.1.2.6. Grievance and Discipline procedures; and
- 4.1.2.7. Image use Policy
- 4.1.2.8. E-Safety Policy
- 4.1.2.9. Child safe guide for teens
- 4.1.2.10. Child safe guide for parents
- 4.1.2.11. Guide for physical contact when working with children
- 4.1.2.12. Guide for communication when working with children
- 4.1.2.13. Guide to responding to and reporting child safe concerns
- 4.1.2.14. Recruitment & Screening Policy



5. DEFINITIONS

- 5.1. **Child** means a person involved in the activities of Janelle Calisthenics (including participants) and under the age of 18 years unless otherwise stated under the law applicable to the child (e.g., for the purposes of child sexual offences in Victoria, a “child” refers to a person under the age of 16 years).
- 5.2. **Child Abuse** is the mistreatment of a Child or Young Person that has Harmed, is Harming or is likely to Harm or endanger that Child or Young Person’s physical or emotional health, development or wellbeing and the Child has not, or is not likely to be protected by the parent(s) or guardian(s). For the avoidance of doubt, this includes but is not limited to Emotional or Psychological Abuse, Bullying, Grooming, Sexual Exploitation, Neglect and Harassment.
- 5.3. **Child protection** means any responsibility, measure or activity undertaken to safeguard children from Harm.
- 5.4. **Grooming** is a term used to describe what happens when a perpetrator of Abuse builds a relationship with a Child with a view to abusing them at some stage. There is no set pattern in relation to the Grooming of Children. For some perpetrators, there will be a lengthy period of time before the Abuse begins. The Child may be given special attention and what starts as an apparently normal display of affection, such as cuddling, can develop into sexual touching or masturbation and then into more serious sexual behaviour. Other perpetrators may draw a Child in and abuse them relatively quickly. Some abusers do not groom Children but Abuse them without forming a relationship at all. Grooming can take place in any setting where a relationship is formed, such as leisure, music, sports and religious activities, or in internet chatrooms, in social media or by other technological channels.
- 5.5. **Harm** is any detrimental effect of a significant nature to the person or Child’s physical, psychological or emotional wellbeing. It is immaterial how the harm is caused. Harm can be caused by:
- Physical, Psychological or Emotional Abuse or Neglect;
 - Sexual Abuse or Exploitation;
 - a single act, omission or circumstance; and
 - a series or combination of acts, omissions or circumstances.
- 5.6. **Sexual offence** (in Victoria) means a criminal offence involving sexual activity or actions of indecency or any act which exposes a child under the age of 16 years to or involves a child under the age of 16 years in, sexual activity or matters beyond their understanding or contrary to accepted community standards. Sexually offence behaviours can include the fondling of genitals, masturbation, oral sex, vaginal or anal penetration by a penis, finger or any other object, fondling of breasts, voyeurism, exhibitionism, and exposing the child to or involving the child in pornography. It includes grooming, which includes actions deliberately undertaken with the aim of befriending and establishing an emotional connection with a child under the age of 16 years (or their carer, family or supervisor) to lower their inhibitions and prepare them for engagement in a sexual offence.
- 5.7. **Mandatory reporter** means a person who is legally required to make a report to the Department of Health and Human Services or the Police if they form a belief on reasonable grounds that a child is in need of protection. It includes (but is not limited to) teachers, principals, registered psychologists, nurses, doctors and midwives.



6. RECOGNISING AND REPORTING CHILD ABUSE

- 6.1. A person may, in the course of participating in the sport or other activities of Janelle Calisthenics or carrying out their work, form a belief on reasonable grounds that a child is in need of protection from child abuse.
- 6.2. If a person is concerned about an immediate risk to a child's safety, the person must phone Victoria Police on "000" as soon as practicable.
- 6.3. Specific types of **Child abuse** include:
 - 6.3.1. **Physical abuse**: occurs when a child has suffered, or is likely to suffer, significant harm as a result of a physical injury, such as a non-accidental physical injury.
 - 6.3.2. **Sexual abuse**: occurs when a child has suffered, or is likely to suffer, significant harm as a result of sexual abuse, such as when a child is exploited, or used by another for their sexual gratification or sexual arousal, or for that of others.
 - 6.3.3. **Emotional and psychological abuse occurs** when a child has suffered, or is likely to suffer, emotional or psychological Harm of such a kind that the child's emotional or intellectual development is or is likely to be significantly damaged; and
 - 6.3.4. **Neglect**: occurs when a child's physical development or health has been or is likely to be significantly damaged. It refers to an omission, such as depriving a child of food, clothing, warmth, hygiene, intellectual stimulation, supervision and safety, attachment to and affection from adults, or medical care.

6.4. Mandatory Reporters

- 6.4.1. Select classes of people in the community (including teachers, nurses and doctors amongst others) are required by law to report to the Child Protection Unit of the Department of Families, Fairness and Housing Victoria (DFFH) where they have formed a belief, on reasonable grounds, that a child is in need of protection because they have suffered (or are likely to suffer) significant harm due to physical or sexual abuse.
- 6.4.2. This report must be made as soon as practicable, and after each occasion where they become aware of a further reasonable grounds for the belief.

6.5. Reasonable grounds for belief

- 6.5.1. A reasonable belief is formed if a reasonable person believes that:
 - 6.5.1.1. the child is in need of protection;
 - 6.5.1.2. the child has suffered or is likely to suffer significant harm as a result of physical or sexual injury; and
 - 6.5.1.3. the child's parents are unable or unwilling to protect the child.
- 6.5.2. To form a reasonable belief, you should consider and objectively assess all the relevant facts, such as the source of the allegation and how it was communicated, the nature of and details of the allegation, and whether there are any other related matters known regarding the alleged perpetrator.



6.5.3. A 'reasonable belief' or a 'belief on reasonable grounds' is not the same as having proof, but is more than mere rumour or speculation.

6.5.4. You will have reasonable grounds to notify if:

- 6.5.4.1. a child states that they have been physically or sexually abused;
- 6.5.4.2. a child states that they know someone who has been physically or sexually abused (sometimes the child may be talking about themselves);
- 6.5.4.3. someone who knows a child states that the child has been physically or sexually abused;
- 6.5.4.4. professional observations of the child's behaviour or development leads a professional to form a belief that the child has been physically or sexually abused or is likely to be abused; or
- 6.5.4.5. signs of abuse lead to a belief that the child has been physically or sexually abused.

6.6. Voluntary Reporters

6.6.1. In addition to the mandatory reporting obligations above, any person who believes on reasonable grounds that a child is in need of protection from any form of child abuse, *may* disclose that information to the Police, DFFH or the Commission for Children & Young People (**CCYP**).

6.7. Reporting Child Sexual Abuse

6.7.1. If a person receives information that leads them to form a reasonable belief that a sexual offence has been committed in Victoria against a child (under the age of 16 years) by another person (of or over the age of 18 years), the person has a legal obligation to disclose that information to the Police as soon as it is practicable. Individuals who fail to comply with this obligation under the Crimes Act 1958 (Vic) may be subject to a penalty of imprisonment.

6.8. Janelle Calisthenics Approach to Reports of Abuse

- 6.8.1. Janelle Calisthenics supports and encourages a person to make a report to the Police, CCYP or DFFH if they form a belief on reasonable grounds that a child is in need of protection, or they are concerned about the safety, health or wellbeing of a child.
- 6.8.2. Any person that makes a report in good faith in accordance with their reporting obligations (whether mandatory or voluntary) will be supported by Janelle Calisthenics, and will not be penalised by Janelle Calisthenics for making the report.
- 6.8.3. If a person is uncertain as to whether they should make a report to an external authority in relation to the safety of a child, they may speak to the Janelle Calisthenics Principal Coach or the Child Safety & Wellbeing Officer for guidance and information. If in doubt, please ask for assistance.



- 6.8.4. If an allegation is made against a member of staff, coach or volunteer, Janelle Calisthenics will follow the reporting procedure outlined in the Janelle Calisthenics Child Safety & Wellbeing Policy and take all steps to ensure that the safety of the child and other children is paramount.
- 6.8.5. Janelle Calisthenics will investigate allegations of inappropriate conduct against a child in accordance with procedural fairness and will handle the allegations in a confidential and sensitive manner to the greatest extent possible.
- 6.8.6. Janelle Calisthenics will cooperate with the directions of the Police, CCYP and/or DFFH in relation to any investigation conducted by these authorities.
- 6.8.7. Janelle Calisthenics will keep a register of any allegations regarding inappropriate conduct.

7. ROLES AND RESPONSIBILITIES OF PERSONNEL PROTECTING CHILDREN

- 7.1. Personnel involved in protecting children include the principal coach, coaches, staff and volunteers within the Organisation. Those people have responsibilities in relation to protection of children and are expected to:
 - 7.1.1. understand the rights of children, as appropriate to their role;
 - 7.1.2. respect the cultural and religious practices of families who access Janelle Calisthenics services, programs or events;
 - 7.1.3. understand and appropriately respond to the needs of children with developmental delays or disabilities;
 - 7.1.4. appropriately act on any concerns raised by children;
 - 7.1.5. understand the definitions, indicators and impact of child abuse;
 - 7.1.6. at all times, know and follow regulations in relation to the care of children and follow the Child Safety – Code of Conduct for dealing with Children
 - 7.1.7. co-operate with police and/or other formal investigations to the best of their ability;
and
 - 7.1.8. not harm or exploit children who access Janelle Calisthenics services.
- 7.2. Janelle Calisthenics has appointed a Child Safety Officer that is the primary point of contact for all concerns related to child safety.

8. RECRUITMENT AND SCREENING

- 8.1. The minimum standard for background checks of employees, contractors and volunteers of Janelle Calisthenics and its members is the law as it applies in Victoria.
- 8.2. Janelle Calisthenics undertakes a comprehensive recruitment and screening process for all staff, contractors and volunteers which aims to:



- 8.2.1. promote and protect the safety of all children who participate in the activities of Janelle Calisthenics
 - 8.2.2. identify and recruit the safest and most suitable candidates who share Janelle Calisthenics values and commitment to protect children; and
 - 8.2.3. prevent a person from working at Janelle Calisthenics if they pose an unacceptable risk to children.
- 8.3. Janelle Calisthenics requires staff, contractors, coaches and volunteers to pass the recruitment and screening process prior to commencing their engagement with Janelle Calisthenics
- 8.4. As part of the screening and recruitment process, an applicant must provide appropriate evidence (e.g., WWCC or other state equivalent and/or Police check) to show that they are suitable to work with children and young people in a recreational setting.
- Janelle Calisthenics requires that:
- 8.4.1. all Janelle Calisthenics Coaches require a WWCC;
 - 8.4.2. the following key event personnel must have a valid WWCC:
 - 8.4.2.1. those paid by Janelle Calisthenics for their services (excluding bump in and bump out);
 - 8.4.2.2. volunteers with regular roles in Janelle Calisthenics
 - 8.4.2.3. relevant contractors who may have unsupervised access to children; and
 - 8.4.2.4. anyone else who Janelle Calisthenics staff feel requires a WWCC due to the nature of the work that they are undertaking for Janelle Calisthenics
- 8.5. The type of evidence that an applicant is required to provide to Janelle Calisthenics will vary depending on the type of position that they are applying for. However, an applicant will not be offered a position until they provide the required evidence to Janelle Calisthenics
- 8.6. Janelle Calisthenics will exercise discretion and may require applicants to provide a Police check in accordance with the law and as appropriate before they commence their engagement and during their time with Janelle Calisthenics in regular intervals.
- 8.7. Janelle Calisthenics will undertake at least two thorough reference checks prior to engaging any personnel.
- 8.8. Once engaged, Janelle Calisthenics will provide staff, coaches and volunteers with access to this policy and staff, coaches and volunteers must review and acknowledge their understanding of this policy.
- 8.9. Janelle Calisthenics requires all staff, coaches and volunteers (including any officials) likely to have contact with participants (and other children) have a current WWCC, which needs to be signed off annually as part of the affiliation process. Those who do not

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comply with their legal obligations will be found to have not complied with the Janelle Calisthenics affiliation requirements and will be disaffiliated.



- 8.10. Janelle Calisthenics requires all affiliated club personnel including owners, volunteers, coaches and anyone else who has contact with children to possess a valid working with children check. Any costs associated with gaining a valid WWCC will be dealt with in a manner determined by that club.

9. SUPPORTING PERSONNEL

- 9.1. Janelle Calisthenics is committed to ensuring that all coaches, volunteers and contractors receive training to ensure that they understand their responsibilities in relation to child safety. Mandatory training at Janelle Calisthenics includes:

- 9.1.1 Induction, Play by the Rules Training, Risk Management Training, Cultural Awareness Training

- 9.2. Janelle Calisthenics assists its coaches, contractors and volunteers to incorporate child safety considerations into decision-making and to promote a culturally safe environment where children are supported to speak up about issues that affect them.

10. RISK MANAGEMENT APPROACH

- 10.1. Child safety is a part of Janelle Calisthenics overall risk management approach.
- 10.2. See [CCYP Guide for Creating a Child Safe Organisation](#).

11. POLICY BREACHES

- 11.1. It is a breach of this policy for any person or organisation to which this policy applies, to have been found to have done anything contrary to this policy. Any person who may breach this policy is subject to Janelle Calisthenics discipline process as required by law, Member Protection Policy and/or grievance procedures.

12. POLICY PROMOTION

- 12.1. This policy will be made available to all members via the handbook and the Janelle Calisthenics website.
- 12.2. This policy will be communicated to all coaches, volunteers & parents via the handbook and communications to each section.
- 12.3. References to this policy will be included in documentation provided to all team officials that represent Janelle Calisthenics.

13. RECORD KEEPING

- 13.1. Janelle Calisthenics will retain records of reports of child abuse and complaints about child safety.
- 13.2. In maintaining records of reports about child safety, Janelle Calisthenics will maintain confidentiality and privacy for children and families in accordance with legislation.

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- 13.3. Janelle Calisthenics will appropriately note identified risks to child safety through the record keeping process and will incorporate those into its risk management plan.

14. REVIEW PROCESS

- 14.1. This policy will be reviewed by the Janelle Calisthenics Principal Coach and Grievance Officer on an annual basis or earlier if required.
 - 14.2. If you would like to provide Janelle Calisthenics with any feedback or suggestions to improve this policy, please contact Jan Nolan, Janelle Calisthenics at janellecalisthenics1970@gmail.com
 - 14.3. In addition to the regular review of this policy, recommendations for changes to the policy may be submitted to the College Principal for consideration at any time. In the event that changes are accepted, the policy will be updated, and circulated to all stakeholders via the webpage and other appropriate communication channels.
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